



12/19/22

Dear TASP Instructors, Volunteers, Athletes and Supporters,

Due to increased illness in the Telluride/Mountain Village community we are putting out this information to you as a guidance to coming back to TASP after illness occurs this winter. At this time there is no single specific illness as we are faced with managing COVID-19, influenza, RSV in our littles and strep throat. We realize this is such a tough time for illnesses as we are busy with holiday seasons, travel, and high visitation to TASP in general. Our goal is to keep everyone healthy and safe during their time with us at TASP. There are specific symptoms any individual can not have while at TASP. If anyone is experiencing any of these symptoms they must not come to TASP. If any of these symptoms appear while at TASP our management will send that individual home.

The primary symptoms we are cautious of are:

- Fever (over 100.4)
- Sore throat with swelling, redness, and drainage
- Cough
- Body aches, joint pain
- Nausea, vomiting, diarrhea
- Abdominal pain

TASP illness procedures includes the following:

- Fevers (100.4 >) - needs to stay at home, they may return to TASP once the fever is gone for 24-hours WITHOUT taking any fever reducing medications unless the illness necessitates isolation.
- Vomiting/Diarrhea -should stay home for 24 hours after last episode then may return to TASP if no other symptoms are present.
- Cough - individual needs to be 1st tested for Covid; if the cough persists, they may need to be seen by a provider to check for other illnesses such as influenza or strep throat. Once checked, individual may return to TASP with a provider note. We may ask this individual to wear a mask.

Covid Positive: Need to isolate for 5 days after the onset of symptoms or a positive test, then if asymptomatic or decreasing symptoms they may return but must wear a mask for 5 more days.

Influenza: May return to TASP once fever is gone for 24 hours.

Strep throat: May return to TASP once they have been taking antibiotics for 24 hours, and do not have a fever.

For more in depth information and resources please contact,
publichealth@sanmiguelcountyco.gov, (970) 728-4289

Thank you all for your understanding and help keeping our organization healthy. Please contact Tim McGough, TASP Program Director, for more information or clarification.
programs@tellurideadaptivesports.org